



# Michigan Academy of Sleep Medicine Annual Fall Conference 2019

September 20-21

Hagerty Conference  
Center at NMC Great  
Lakes Campus  
715 E. Front St.  
Traverse City, MI

**Register Today!**

[www.masmnet.org](http://www.masmnet.org)

*Working Together to Improve Sleep Health in Michigan  
MASM endeavors to preserve the public trust in the practice of  
sleep medicine by promoting the highest standards of patient  
care for disorders of sleep and wakefulness while striving to  
increase public awareness of impact of sleep disorders on health  
and safety, and promoting the availability of sleep medicine  
services for all since 1990.*

# **MASM Annual Fall Conference September 20-21, 2019**

## **Course Description:**

This 1.5 day course will allow the audience to advance their knowledge of current topics in Sleep Medicine from leaders in the field. It will help them improve their skill set and be better able to provide optimal care for patients, which is consistent with standards of practice. Attendees are eligible to earn CME or CECcredits.

## **Learning Objectives:**

Upon completion of this activity, participants should be able to:

- Identify common sleep disorders
- Employ the most appropriate diagnostic tests and management of sleep disorders consistent with current standards

## **Target Audience:**

Healthcare Professionals interested in sleep medicine.

## **Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Academy of Sleep Medicine and The Michigan Academy of Sleep Medicine. The American Academy of Sleep Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## **AMA Credit Designation Statement**

The American Academy of Sleep Medicine (AASM) designates the Michigan Academy of Sleep Medicine Fall Conference as a live activity for a maximum of *10.75 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## **AASM CECs**

The American Academy of Sleep Medicine (AASM) designates the Michigan Academy of Sleep Medicine Fall Conference as a live activity for a maximum of **10.75 AASM Continuing Education Credits (CECs)**. Sleep Technologists should only claim credit commensurate with the extent of their participation in the activity.

## **Letter of Attendance for Others**

The AMA Council on Medical Education mandates that accredited providers only offer *AMA PRA Category 1 Credits™* to physicians. Non-physicians and non-technologists will receive a letter of attendance documenting the number of *AMA PRA Category 1 Credits™* earned at the Michigan Academy of Sleep Medicine Fall Conference.

## **Presentation Materials**

A PDF copy of the presentations will be available on the MASM website no later than September 19<sup>th</sup>.

## **Registration Information**

**Registration for the conference is available online at: <http://www.masmnet.org/>**

*Registration fee includes all lectures and meals*

### **Registration is Open for:**

### **Registration Fee**

- |  |              |
|--|--------------|
| ➤ <b>MD, PhD, DO, DDS, or Other Healthcare Doctoral Degree</b>                                     |              |
| ○ Member   | <b>\$125</b> |
| ○ Non-Member   | <b>\$225</b> |
| ➤ <b>Technologists, Respiratory Therapists, Office/Center Managers</b>                             |              |
| ○ Member   | <b>\$80</b>  |
| ○ Non-Member   | <b>\$150</b> |
| ➤ <b>Advanced Practice Professionals (NP, PA), Nurses, Medical Assistants, Other Professionals</b> |              |
| ○ Member   | <b>\$80</b>  |
| ○ Non-Member   | <b>\$150</b> |
| ➤ <b>Trainees (Students, Residents, Fellows)</b>   | <b>\$50</b>  |

**Prices shown are valid until Thursday, September 5<sup>th</sup>.** Purchases after the 5<sup>th</sup> will accrue a \$10 late registration fee.

**Cancellation Policy:** Refunds less a \$25 processing fee will be given for cancellations received in writing to [rflum@wcmssm.org](mailto:rflum@wcmssm.org) prior to **September 5, 2019**. After this date, no refunds will be given, however, you may send an alternate to the event without additional charge. To request a cancellation or to make a change please email [rflum@wcmssm.org](mailto:rflum@wcmssm.org).

## Housing Information

**\*\*Please note that our first room block has been filled. There is a room shortage in Traverse City during the conference weekend. You MUST book right away.\*\***

We have secured limited room blocks at the below hotels. You must mention ***Michigan Academy of Sleep Medicine*** to access either of these blocks.

- West Bay Beach, A Delamar Resort (800-888-8020)
  - EXPIRES August 23<sup>rd</sup>
- Cherry Tree Inn (231-938-8888)
  - EXPIRES August 30<sup>th</sup>

An alternative option is the Turtle Creek Casino and Hotel. There are a limited number of rooms available for the conference weekend and we urge you to call right away!

- Turtle Creek Casino and Hotel (800-922-2946)

If there are any questions or concerns, please contact Rachel Flum at [rflum@wcmssm.org](mailto:rflum@wcmssm.org) or 313.874.1360 ext. 304.

### **Special Event – Saturday, September 21, 2019 3:30 p.m. – Wine Tour**

We are excited to be able to offer our conference attendees a special opportunity! After the conclusion of our conference on Saturday, we are offering a tour of wineries on Old Mission Peninsula, as well as, two Micro Brews in the Traverse City area.

Click here for more details and to sign up: <https://fareharbor.com/wineandbeertours/items/172561/>

# Conference Agenda

## Friday, September 20<sup>th</sup>

September 20 <sup>th</sup> -Time	Presentation Topic	Speaker
11:30 am – 12:20 pm	<i>Registration and Lunch</i>	
12:20 pm - 12:30 pm	President and Program Chair Welcome	Mark Garwood, MD and Cynthia Nichols, PhD
12:30 pm - 1:15 pm	Fatigue and Wellness for Sleep Professionals	Jonathan Barkham, MD
1:15 pm – 2:00 pm	Autism, ADHD, and sleep	Barbara Felt, MD
2:00 pm – 2:45 pm	Management of Obstructive Sleep Apnea in Children	Jason Coles, MD
2:45 pm – 3:05 pm	<i>Break with Exhibitors</i>	
3:05 pm – 4:05 pm	Light Treatment: Where Have We Come from And Where Can We Go?	Helen Burgess, PhD
4:05 pm – 4:50 pm	Sleep Issues in Multiple Sclerosis	Tiffany Braley, MD
4:50 pm – 5:10 pm	<i>Break with Exhibitors</i>	
5:10 pm – 5:55 pm	Updates on Health Care Policies That Impact the Practice of Sleep Medicine	Neeraj Kaplish, MD
5:55 pm – 6:15 pm	MASM Membership Meeting	
6:15 pm	<i>Buffet Dinner Starts</i>	
6:30 pm – 7:00 pm	Case Presentation - Overlap Syndrome (OSA, COPD, Hypoventilation)	Hillary Loomis-King, MD
7:00 pm – 7:30 pm	Non-24 Sleep Wake Disorder: Presentation and Management	Virginia Skiba, MD
7:30 pm – 8:00 pm	Abnormal Sleep Pattern in a Patient with Bipolar Disorder	Mohan Dutt, MD

# Conference Agenda

## **Saturday, September 21<sup>st</sup>**

<b>September 21<sup>st</sup> - Time</b>	<b>Presentation Topic</b>	<b>Speaker</b>
7:30 am – 8:45 am	<i>Breakfast with Exhibitors</i>	
8:45 am – 9:45 am	Consumer Sleep Technologies: Where Are We Now and Where Are We Going?	Cathy Goldstein, MD
9:45 am – 10:00 am	<i>Break with Exhibitors</i>	
10:00 am – 11:00 am	Hypoglossal Nerve Stimulation for Treatment of OSA	Ho-Sheng Lin, MD and Chris Morgan, MD
11:00 am – 12:00 am	Ready or Not, Here They Come! Lessons Learned from The Joint Commission Survey Experience	Joe Lane, RPSGT and Michelle Davis, RPSGT
12:00 noon – 1:00 pm	Lunch	
1:00 pm – 1:45 pm	Sleep-Disordered Breathing in Patients with Cervical Spine Injury	Safwan Badr, MD
1:45 pm – 2:30 pm	Maxillomandibular Advancement (MMA) Surgery for Refractory OSA	Ron Aronovich, MD