



Michigan Academy of Sleep Medicine

Administrative Office: 3031 West Grand Blvd., Ste. #645, Detroit, MI 48202

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March 2021

Dear MASM Membership,

As we all spring forward this year, I hope this update reaches you all in good health and spirits.

Our organization is still running strong and working for you through the pandemic. We wanted to thank you all for your support and dedication to the field of sleep medicine. I wanted to update you on the activities of our organization this year:

MASM Fall Conference

With the success of our 1st virtual annual fall conference and with concerns of the ongoing pandemic and uncertainties that exist, we have decided to host the annual fall conference 2021 in a virtual format. We hope you can all be a part of the conference, which will take place over two half a day sessions.

MASM Fall virtual conference: Friday October 15 – Sat October 16

We considered the feedback from the last conference and used it to align topics of interest for our membership. We are excited for the wonderful speakers we have secured for this year's conference. Our keynote speaker this year will be Lisa Meltzer, PhD., CBSM on the topic of "school start and stop times". We hope to see you there.

Board Member Updates

The Membership has voted in new board of directors with our ballot last year. We have 2 new board members this year. I would like to introduce Gita Gupta, MD and Maria Tovar Torres, MD who have started to lead some initiatives and represent the MASM.

I would like to thank Cindy Nichols, PhD., who has served MASM for years, from the formation of the academy (previously known as Michigan Sleep Disorders Association) back in 1990. She has been an integral part of the organization through the years and will be rotating off the board next year.

Our current MASM board members are:

President – Dr. Christopher Morgan

President Elect – Dr. Mohan Dutt

Past President – Dr. Virginia Skiba

Treasurer – Dr. Soumya Madala

Board of Directors:

- Dr. Cindy Nichols

- Dr. Gita Gupta

- Dr. Maria Tovar-Torres

Health Policy Committee Update

Our Insurance and health policy committee is led by Mark Garwood and will be working on improving reimbursement rates for sleep medicine procedures from BCBSM. In addition, we have worked on blocking legislation regarding a permanent implementation of daylight savings time, which is in disagreement with both the MASM and AASM. We have advocated along with AASM for permanent standard time. Other initiatives are to work on resolutions to support later school start times.



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Please keep on the lookout for future communications:

- 1) Applications for our MASM research award, which seeks submissions from posters or oral presentations selected to SLEEP 2021.
- 2) Survey from our education committee regarding topics of education for the future.
- 3) Vote for future board members.

I am proud of our organization and the education and support we have brought to the sleep medicine community. Remember to spread the word about the MASM and encourage your colleagues, residents, fellows and students to join our efforts.

Thank you again for your continued support and look forward to seeing you at the fall conference!

Sincerely,

A handwritten signature in black ink, appearing to read "C. Morgan". The signature is fluid and cursive.

Christopher Morgan, MD
President, Michigan Academy of Sleep Medicine